

**SPCC  
THERAPY  
POOL**

**SCHEDULE SUBJECT TO CHANGE AS PROGRAMS DEVELOP**  
**Check your online portal or call the front desk for current scheduling**  
**November 4 – November 10, 2024**

As of 8/29/24

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>8:00-9:00</b>	CLOSED	Wellspring Swim Gentle Joints	CLOSED	Wellspring Swim Gentle Joints	CLOSED	Swim Lessons (start at 8:30)	CLOSED
<b>9:00-10:00</b>	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Swim Lessons	CLOSED
<b>10:00-11:00</b>	Wellspring Swim	Physical Therapy Arthritis	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Physical Therapy Wellspring Swim	Swim Lessons	CLOSED
<b>11:00-12:00</b>	CLOSED	Physical Therapy	Wellspring Swim	Physical Therapy	Wellspring Swim	SEALS (11:00-11:30) Arthritis (11:30-12:30) Wellspring (11:30)	CLOSED
<b>12:00-1:00</b>	Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy	Wellspring Swim	Arthritis (11:30-12:30) Wellspring Swim	CLOSED
<b>1:00-2:00</b>	CLOSED	Physical Therapy Wellspring	SEALS Swim Lessons	Physical Therapy Wellspring	Wellspring Swim	Wellspring Swim	Wellspring Swim
<b>2:00-3:00</b>	Arthritis	Physical Therapy Wellspring	Arthritis	Physical Therapy Wellspring	Arthritis Wellspring Swim	Wellspring Swim	CLOSED
<b>3:00-4:00</b>	Wellspring Swim	Physical Therapy (3:30) Wellspring Swim	CLOSED	Physical Therapy (3:30)	CLOSED	Wellspring Swim	Wellspring Swim ONLY
<b>4:00-5:00</b>	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED	CLOSED
<b>5:00-6:00</b>	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Wellspring Swim	CLOSED	CLOSED
<b>6:00-7:00</b>	SEALS (until 6:30) Wellspring Swim (6:30-7:30)	SEALS (until 6:30) Arthritis (6:30-7:30) Wellspring Swim (6:30-7:30)	SEALS (until 6:30) Wellspring Swim (6:30-7:30)	SEALS (until 6:30) Arthritis (6:30-7:30) Wellspring Swim (6:30-7:30)	CLOSED	CLOSED	CLOSED
<b>7:00-7:30</b>	Wellspring Swim	Arthritis Wellspring Swim	Wellspring Swim	Arthritis Wellspring Swim	CLOSED	CLOSED	CLOSED

**ALL PATRONS MUST MAKE A RESERVATION TO USE THE THERAPY POOL.**

For details, please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org)

Wellspring Swim is “open” swim in the Therapy Pool. (18 & over)

Infants and Children 3 & under are allowed in the pool during Wellspring Swim unless designated “only.”

Private swim lessons may be held during Wellspring Swim times unless designated “only.”

During times that Arthritis is scheduled, Wellspring is 18 and over except for private lessons.

Please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org) for aquatic news.

## Reservation Times

1. All swimmers must make a reservation to use the Therapy pool. You may make reservations up to 2 weeks in advance.
2. Reservations may be made online through your individual portal upon an initial one-time invitation from the front desk at [www.spcc.ezfacility.com](http://www.spcc.ezfacility.com), or through our front desk staff from 8:00 a.m. – 8:00 p.m. You may contact the front desk in person or by telephone at (410) 647-5843.
3. Please consult the Therapy pool schedule for available Wellspring swim and water fitness class times. 24 hours' notice is required to cancel a reservation. Patrons will be charged if cancellation occurs within 24 hours of their reservation time.
4. Everyone must check in at the front desk for each visit. You will be required to sign a one-time waiver on your first visit.
5. During times that Arthritis is scheduled, Wellspring is 18 and over except for private lessons if approved by the Director.
6. Check your online portal or call the front desk for current scheduling.