

**SUMMER THERAPY POOL SCHEDULE**

September 8 – September 30, 2020

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Gentle Joints Wellspring Swim (8:45)	Physical Therapy (8:45)	CLOSED	Physical Therapy (8:45)	Gentle Joints Wellspring Swim (8:45)		
9:00-9:45	Physical Therapy Wellspring Swim	Physical Therapy	Gentle Joints (10:00) Wellspring Swim	Physical Therapy	Physical Therapy Wellspring Swim	Wellspring Swim (9:30- 10:15) Swim Lessons (8:45-9:15)	CLOSED
10:00-11:00	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Wellspring Swim	Arthritis Physical Therapy	Physical Therapy Wellspring Swim	Swim Lessons (10:45)	CLOSED
11:15-12:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim	Arthritis (11-12)	CLOSED
12:15-1:00	Physical Therapy Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy	Physical Therapy Wellspring Swim	Wellspring Swim	CLOSED
1:15-2:00	Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim (1:00-1:45)
2:15-3:15	Arthritis	Physical Therapy(3:30) Wellspring Swim	Arthritis	Physical Therapy(3:30) Wellspring Swim	Arthritis	Wellspring Swim	Wellspring Swim (2:00-2:45)
3:30-4:15	Wellspring Swim	Wellspring Swim	Physical Therapy (4:00) Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim (3:00-3:45)
4:30-5:15	Wellspring Swim	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED
5:30-6:15	Wellspring Swim	Swim Lessons Wellspring Swim	Physical Therapy Wellspring Swim (6:30)	Swim Lessons Wellspring Swim	CLOSED	CLOSED	CLOSED
6:30-7:30	CLOSED	Arthritis Swim Lessons (6:45)	Physical Therapy (7:00)	Arthritis Swim Lessons (6:45)	CLOSED	CLOSED	CLOSED

**ALL PATORNS MUST MAKE A RESERVATION TO USE THE THERAPY POOL. For details please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org).**

**Wellspring Swim is “open” swim in the Therapy Pool. (18 & Over)  
Please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org) for up to date aquatic news.**

## Reservation Times:

1. Due to social distance restrictions, we are operating on a modified schedule to accommodate transitions between programs and cleaning. All swimmers must make a reservation to use the Therapy pool. Eight persons are allowed in the pool per reservation time. Arthritis and Gentle Joints may only book reservations in two week increments. Reservations can be made online at [www.spcommunitycenter.org](http://www.spcommunitycenter.org) or through our front desk staff from 8:00 a.m. – 8:00 p.m. Please consult the Therapy pool schedule for available Wellspring swim and water fitness class times.
2. 24 hours' notice is required to cancel a reservation. Patrons will be charged if cancellation occurs within 24 hours of their reservation time.
3. Only restroom facilities will be available. Locker rooms will be closed. There will be no access to showers or lockers. Please come dressed to swim and bring a cover up for your trip home.
4. Please do not arrive more than 10 minutes before your reservation time.
5. Upon your first visit and when you purchase a new pass, everyone must check in at the front desk. You will be required to sign a onetime waiver and pay for your visit, or if you already have a pass, provide your pass to the receptionist. To promote contactless check in, passes will be held by the receptionist who will punch the card the day of your reservation. Reconciliations of pass visits will be made available upon request. If at any time you are unsure of how many visits you have on your swim pass, please ask the receptionist. SPCC is transitioning to an online electronic registration system, so when your paper punch pass has no visits left, upon your next purchase, you will be provided a card that will handle transactions electronically.
6. Other than your first visit, or upon purchasing a new package of sessions/pass, you should enter and exit the therapy pool via the therapy pool entrance.

**Gentle Joints:** M/F 8:00 – 9:00am  
 W 9:00am – 10:00am

**Arthritis:** T/Th 10:00-11:00 am  
 6:30 – 7:30 pm  
 M/W/F 2:15 – 3:15 pm

**Wellspring Swim:** Monday – 8:00 – 9:00am  
 9:00 – 9:45 am  
 10:00 – 11:00 am  
 11:15 – 12:00 pm  
 12:15 – 1:00 pm  
 1:15 – 2:00 pm  
 3:30-4:15 pm  
 4:30- 5:15 pm  
 5:30-6:15 pm

Tuesday – 11:15 – 12:00 pm  
 2:15 – 3:15 pm  
 3:30-4:15 pm  
 4:30- 5:15 pm  
 5:30-6:15 pm

Wednesday – 9:00 – 9:45 am  
 10:00 - 11:00 am  
 11:15 – 12:00 pm  
 12:15 – 1:00 pm  
 1:15 – 2:00 pm  
 3:30-4:15 pm  
 4:30-5:15 pm  
 5:30-6:15 pm

Thursday 11:15 – 12:00 pm  
 12:15-1:00 p.m.  
 1:15-2:00 pm  
 2:15-3:15 pm  
 3:30-4:15 pm  
 4:30-5:15 pm  
 5:30-6:15 pm

Friday – 8:00 – 9:00am  
 9:00-9:45 am  
 10:00 – 11:00 am  
 11:15 – 12:00 pm  
 12:15 – 1:00 pm  
 1:15 – 2:00 pm  
 3:30-4:15 pm  
 4:30 – 5:15 pm

Saturday – 9:30 – 10:15 am  
 12:15 – 1:00pm  
 1:15 – 2:00 pm  
 2:15 – 3:15pm  
 3:30 – 4:15pm

Sunday – 1:00 – 1:45pm  
 2:00 – 2:45pm  
 3:00 – 3:45pm