

SPCC THERAPY POOL SCHEDULE
July 12 – August 1, 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:45	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim (8:45-9:45) Swim Lessons	Physical Therapy Wellspring Swim	Physical Therapy (9:30-10:00) Wellspring Swim (8:45-9:45) Swim Lessons	Physical Therapy	Swim Lessons (start 8:45)	CLOSED
10:00-11:00	Physical Therapy Swim Lessons	Physical Therapy Arthritis	Physical Therapy Swim Lessons	Physical Therapy Arthritis	Physical Therapy	Swim Lessons	CLOSED
11:15-12:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim (11:15-12:15)	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Arthritis Wellspring Swim (11:00-12:00)	CLOSED
12:15-1:00	Physical Therapy Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy	Physical Therapy Wellspring Swim	Wellspring (12:00-1:00)	CLOSED
1:15-2:00	Physical Therapy Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy	Physical Therapy Wellspring Swim	Wellspring Swim (1:00-2:00)	Swim Lessons (1:00-2:00) Wellspring Swim
2:15-3:15	Arthritis	Physical Therapy	Arthritis	Physical Therapy	Arthritis	Wellspring Swim (2:00-3:00) Lifeguard Class	Wellspring Swim
3:30-4:15	Wellspring Swim Physical Therapy (3:30-4:30)	Physical Therapy (3:30-4:30) Wellspring Swim	Physical Therapy (4:30) Wellspring Swim	Physical Therapy (3:30-4:30) Wellspring Swim	Wellspring Swim	Lifeguard Class	Wellspring Swim
4:30-5:15	Wellspring Swim (4:15-5:15) Swim Lessons (5:00-5:30)	Physical Therapy (5:15-6:15) Wellspring Swim	Physical Therapy	Physical Therapy (5:15-6:15) Wellspring Swim	Wellspring Swim (4:30-5:30)	Lifeguard Class	CLOSED
5:30-6:30	Wellspring Swim Swim Lessons (5:30-6:00)	Physical Therapy (5:15-6:15) Swim Lessons	Physical Therapy Swim Lessons (5:30-6:00)	Physical Therapy (5:15-6:15) Swim Lessons	CLOSED	CLOSED	CLOSED
6:45-7:45	Swim Lessons (6:30-7:00)	Arthritis (6:45-7:45) Wellspring	Physical Therapy (7:00) Swim Lessons (6:30-7:00)	Arthritis (6:45-7:45) Wellspring	CLOSED	CLOSED	CLOSED

ALL PATORNS MUST MAKE A RESERVATION TO USE THE THERAPY POOL.

For details please visit www.spcommunitycenter.org.

Wellspring Swim is "open" swim in the Therapy Pool. (18 & Over)

Infants and Children 3 & Under are allowed in the pool during Wellspring Swim.

Private swim lessons may be held during Wellspring Swim times.

CLOSED August 30 – September 6 for Annual Maintenance

Please visit www.spcommunitycenter.org for up to date aquatic news.

Reservation Times

1. All swimmers must make a reservation to use the Therapy pool. You may make reservations up to 2 weeks in advance.
2. Reservations may be made online through your individual portal upon an initial one time invitation from the front desk at www.spcc.ezfacility.com, or through our front desk staff from 8:00 a.m. – 8:00 p.m.
3. Please consult the Therapy pool schedule for available Wellspring swim and water fitness class times. 24 hours' notice is required to cancel a reservation. Patrons will be charged if cancellation occurs within 24 hours of their reservation time.
4. Everyone must check in at the front desk for each visit. You will be required to sign a onetime waiver on your first visit.

Arthritis: T/Th 10:00 -11:00 am
6:30 – 7:30 pm
M/W/F 2:15 – 3:15 pm

Wellspring Swim

Monday/ Wednesday

- 9:00 – 9:45am (5 persons)
- 11:15 – 12:00pm (5 persons)
- 12:15 – 1:00pm (5 persons)
- 1:15 – 2:00pm (5 persons)
- 3:30 – 4:15pm (5 persons)
- 4:30 – 5:15pm (5 persons) MONDAY ONLY
- 5:30 – 6:30pm (5 persons) MONDAY ONLY

Tuesday/ Thursday

- 8:45 – 9:45am (3 persons)
- 11:15 – 12:00pm (5 persons)
- 3:30 – 4:15pm (5 persons)
- 4:30 – 5:15pm (5 persons)
- 6:45 – 7:45pm (5 persons)

Friday:

- 11:15 – 12:00pm (5 persons)
- 12:15 – 1:00pm (5 persons)
- 1:15 – 2:00pm (5 persons)
- 3:30 – 4:15pm (6 persons)
- 4:30 – 5:30pm (6 persons)

Saturday:

- 11:00 – 12:00pm (4 persons)
- 12:00 – 1:00pm (5 persons)
- 1:00 – 2:00pm (5 persons)
- 2:00 – 3:00pm (5 persons)

Sunday:

- 1:15 – 2:15pm (3 persons)
- 2:15 – 3:15pm (5 persons)
- 3:15 – 4:15pm (5 persons)