

SPRING THERAPY POOL SCHEDULE

June – August, 2020

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 – 9:00	Gentle Joints (8:45)	Physical Therapy	Gentle Joints (8:45)	Physical Therapy	Gentle Joints (8:45)	CLOSED	CLOSED
9:00-10:00	Swimnastics	Arthritis	Swimnastics	Arthritis	Swimnastics	Adult Swim Lessons (9-9:45) Wellspring Swim (9-9:45)	CLOSED
10:00-11:00	Physical Therapy (10:30)	Wellspring Swim (10:15-11:15) Physical Therapy	Physical Therapy (10:30)	Wellspring Swim (10:15-11:15) Physical Therapy	Wellspring Swim (10:15-11:00)	Adult Swim Lessons (10 - 10:45) Wellspring Swim (10 -10:45)	CLOSED
11:00-12:00	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Wellspring Swim (11:15-12:15)	Arthritis	CLOSED
12:00-1:00	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy (12:30-1)	Wellspring Swim (12:15-1)	CLOSED
1:00-2:00	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Physical Therapy	Wellspring Swim (1:15 - 2)	CLOSED
2:00-3:00	Physical Therapy (2:30) Arthritis (2:45-3)	Physical Therapy	Physical Therapy (2:30) Arthritis (2:45-3)	Physical Therapy	Physical Therapy (2:30) Arthritis (2:45-3)	Wellspring Swim (2:15-3)	CLOSED
3:00-4:00	Arthritis (3-3:45)	Physical Therapy	Arthritis (3-3:45)	Physical Therapy	Arthritis (3-3:45)	Wellspring Swim (3:15-4)	CLOSED
4:00-5:00	Wellspring Swim (4-4:45)	Wellspring Swim (4:15-5)	Wellspring Swim (4-4:45)	Wellspring Swim (4:15-5)	Wellspring Swim (4-4:45)	CLOSED	CLOSED
5:00-6:00	Wellspring Swim	Wellspring Swim (5:15-6)	Wellspring Swim	Wellspring Swim (5:15-6)	Wellspring Swim	CLOSED	CLOSED
6:00-7:00	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7:00-8:00	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

SPCC and the Aquatic Center will be CLOSED SUNDAYS

Pool Closures: June 27, July 4 HAPPY 4TH OF JULY

Wellspring Swim is “open” swim in the Therapy Pool. (18 & Over)

Please visit www.spccommunitycenter.org for up to date aquatic news.

Reservation Times:

1. Due to social distance restrictions, we are operating on a modified schedule to accommodate transitions between programs and cleaning. All swimmers must make a reservation to use the Therapy pool. Only 8 persons are allowed in the pool per reservation time. Swimnastics, Arthritis, and Gentle Joints may only book 2 weeks in advance. To make a reservation, call the front desk between 8:00 a.m. and 8:00 p.m. Please consult the Therapy pool schedule for available Wellspring swim and water fitness class times.
2. 24 hours notice is required to cancel a reservation. Swimmers will be charged if sufficient notice is not given.
3. Only restroom facilities will be available. Locker rooms will be closed. There will be no access to showers or lockers. Please come dressed to swim and bring a cover up for your trip home.
4. Please do not arrive more than 10 minutes before your reservation time.
5. Upon your first visit, everyone must check in at the front desk. You will be required to sign a onetime waiver and pay for your visit, or if you already have a pass, provide your pass to the receptionist. To promote contactless check in, passes will be held by the receptionist who will punch the card the day of your reservation. Reconciliations of pass visits will be made available upon request. If at any time you are unsure of how many visits you have on your swim pass, please ask the receptionist.
6. After your first visit, you will enter and exit the therapy pool via the therapy pool entrance.

Gentle Joints: M/W/F 7:45 – 8:45 am

Swimnastics: M/W/F 9:00 – 10 am

Arthritis: T/Th 9:00 – 10:00 am

M/W/F 2:45 – 3:45 pm

Saturday 11:00 – 12:00 pm

Wellspring Swim: Monday – 4:00 – 4:45 pm

5:00 – 6:00 pm

Tuesday – 10:15 – 11:15 am

4:15 – 5:00 pm

5:15 – 6:00 pm

Wednesday – 4:00 – 4:45 pm

5:00 – 6:00 pm

Thursday – 10:15 – 11:15 am

4:15 – 5:00 pm

5:15 – 6:00 pm

Friday – 10:15 – 11:00 am

11:15 – 12:15 pm

4:00 – 4:45 pm

5:00 – 6:00 pm

Saturday – 9:00 – 9:45 am

10:00 – 10:45 am

12:15 – 1:00 pm

1:15 – 2:00 pm

2:15 – 3:00 pm

3:15 – 4:00 pm