

SPRING THERAPY POOL SCHEDULE

March 15 – May 17, 2020

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-8:30	Gentle Joints Wellspring Swim	Physical Therapy Wellspring Swim	Gentle Joints Wellspring Swim	Physical Therapy Wellspring Swim	Gentle Joints (7:55) Wellspring Swim	CLOSED	CLOSED
8:30 – 9:00	Gentle Joints Wellspring Swim	Wellspring Swim Physical Therapy	Gentle Joints Wellspring Swim	Wellspring Swim Physical Therapy	Gentle Joints (7:55) Wellspring Swim	Parent/Infant Swim Lessons	CLOSED
9:00-9:30	Wellspring Swim Parent/Infant	Total Joint/Low Back Wellspring Swim	Wellspring Swim Parent/Infant	Total Joint/Low Back Wellspring Swim	Wellspring Swim Parent/Infant	Parent/Infant Swim Lessons	CLOSED
9:30-10:00	Wellspring Swim Parent/Infant Swim Lessons	Total Joint/Low Back Wellspring Swim Parent/Infant	Wellspring Swim Swim Lessons Parent/Infant	Total Joint/Low Back Wellspring Swim Parent/Infant	Wellspring Swim Parent/Infant	Parent/Infant Swim Lessons	CLOSED
10:00-10:30	Wellspring Swim Parent/Infant Swim Lessons	Arthritis Physical Therapy	Wellspring Swim Parent/Infant Swim Lessons	Arthritis Physical Therapy	Wellspring Swim Parent/Infant	Parent/Infant Swim Lessons	CLOSED
10:30-11:00	Swim Lessons Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Swim Lessons Wellspring Swim	Physical Therapy Arthritis	Wellspring Swim	Parent/Infant Swim Lessons	CLOSED
11:00-11:30	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Parent/Infant Swim Lessons	CLOSED
11:30-12:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim Arthritis	CLOSED
12:00-12:30	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Arthritis Wellspring Swim	CLOSED
12:30-1:00	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	CLOSED
1:00-2:00	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Swim Lessons Wellspring Swim
2:00-2:30	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Swim Lessons Wellspring Swim
2:30-3:30	Arthritis Wellspring Swim	Wellspring Swim Physical Therapy	Arthritis Wellspring Swim	Wellspring Swim Physical Therapy	Arthritis Wellspring Swim	Wellspring Swim	Wellspring Swim
3:30-4:00	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim	Wellspring Swim	Wellspring Swim
4:00-4:30	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED
4:30-5:30	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim Parent/Infant	CLOSED	CLOSED
5:30-6:00	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Swim Lessons Parent/Infant	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Swim Lessons Parent/Infant	Wellspring Swim Parent/Infant	CLOSED	CLOSED
6:00-6:30	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Swim Lessons Parent/Infant	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Swim Lessons Parent/Infant	CLOSED	CLOSED	CLOSED
6:30-7:00	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Arthritis Swim Lessons	Wellspring Swim Physical Therapy Swim Lessons	Wellspring Swim Arthritis Swim Lessons	CLOSED	CLOSED	CLOSED
7:00-7:30	Wellspring Swim Physical Therapy	Wellspring Swim Arthritis	Physical Therapy Wellspring Swim	Wellspring Swim Arthritis	CLOSED	CLOSED	CLOSED
7:30-8:00	Wellspring Swim	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim	CLOSED	CLOSED	CLOSED
8:00-8:30	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED	CLOSED

Pool Closures: April 12 (Happy Easter); May 23-25 (Spring Maintenance)
 Wellspring Swim is "open" swim in the Therapy Pool. (18 & Over)
 PRIVATE SWIM LESSONS MAY BE HELD DURING WELLSPRING SWIM IF THE MAIN POOL IS UNAVAILABLE.
 Please visit www.spcommunitycenter.org for up to date aquatic news.