


**THANKSGIVING POOL SCHEDULE**

November 19, 2018 – November 25, 2019

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Arthritis	Wellspring Swim	Arthritis	 <b>HAPPY THANKSGIVING</b>	Arthritis	CLOSED	<b>CLOSED</b>
9:00-9:30	Wellspring Swim Parent/Infant	Wellspring Swim	Wellspring Swim Parent/Infant Fun & Fitness with Andy		Wellspring Swim Parent/Infant	Swim Lessons Parent/Infant	
9:30-10:00	Wellspring Swim Parent/Infant	Parent/Infant	Parent/Infant Fun & Fitness with Andy		Wellspring Swim Parent/Infant Physical Therapy	Swim Lessons Parent Infant	
10:00-10:30	Wellspring Swim Parent/Infant	Arthritis Parent/Infant	Wellspring Swim Parent/Infant		Wellspring Swim Parent/Infant Physical Therapy	Swim Lessons Parent/Infant	
10:30-11:00	Physical Therapy Wellspring Swim	Arthritis Physical Therapy	Physical Therapy Wellspring Swim		Physical Therapy Wellspring Swim	Swim Lessons Parent Infant	
11:00-11:30	Physical Therapy Wellspring Swim	Wellspring Swim Physical therapy	Physical Therapy Aqua Yoga		Physical Therapy Wellspring Swim	Swim Lessons Parent Infant	
11:30-12:00	Physical Therapy Wellspring Swim	Wellspring Swim Physical therapy	Physical Therapy Aqua Yoga		Physical Therapy Wellspring Swim	Arthritis Wellspring Swim	
12:00-12:30	Physical Therapy Wellspring Swim	Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim		Wellspring Swim Physical Therapy	Arthritis Wellspring Swim	
12:30-1:00	Physical Therapy Wellspring Swim	Wellspring Swim Physical therapy	Physical Therapy Wellspring Swim		Physical Therapy Wellspring Swim	Arthritis Wellspring Swim	
1:00-2:00	Physical Therapy Wellspring Swim	Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim		Physical Therapy Wellspring Swim	Wellspring Swim Swim Lessons	
2:00-2:30	Physical Therapy Wellspring Swim	Physical therapy Wellspring Swim	Physical Therapy Wellspring Swim		Physical Therapy Wellspring Swim	Wellspring Swim Swim Lessons	
2:30-3:30	Arthritis	Wellspring Swim Physical Therapy	Arthritis		Arthritis	Wellspring Swim	
3:30-4:00	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim		Wellspring Swim	Wellspring Swim	
4:00-4:30	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim		Wellspring Swim	CLOSED	
4:30-5:30	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim		Wellspring Swim	CLOSED	
5:30-6:00	Physical Therapy Wellspring swim	Parent/Infant Wellspring Swim Physical Therapy	Wellspring swim		Wellspring Swim Parent/Infant	CLOSED	
6:00-6:30	Physical Therapy Wellspring swim	Parent/Infant Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim		Wellspring Swim Parent/Infant	CLOSED	
6:30-7:00	Wellspring Swim Physical Therapy	Wellspring Swim Arthritis	Physical Therapy Wellspring swim		Wellspring Swim Parent/Infant	CLOSED	
7:00-7:30	Wellspring Swim Physical Therapy	Wellspring Swim Arthritis	Physical Therapy Wellspring swim		CLOSED	CLOSED	
7:30-8:00	Wellspring Swim Physical Therapy	Wellspring Swim Low Impact Aqua Jog	Wellspring Swim Physical Therapy		CLOSED	CLOSED	
8:00-8:30	Wellspring Swim	Wellspring Swim Low Impact AquaJog	Wellspring Swim	CLOSED	CLOSED		

Wellspring Swim is "open" swim in the Therapy Pool. (18 & Over)  
 Pool Closures: November 22 & 25; December 24 at 2pm & December 25, December 31 at 2 pm; January 1  
 Please visit the Aquatic Notification Tab on the aquatic page of the SPCC website for up to date aquatic news.