

SPRING POOL SCHEDULE

March 11, 2019 to April 27, 2019

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Arthritis	Wellspring Swim	Wellspring Swim	Wellspring Swim	Arthritis	CLOSED	CLOSED
9:00-9:30	Wellspring Swim Parent/Infant	Total Joint/Low Back Swim Lessons Wellspring Swim	Wellspring Swim Parent/Infant	Total Joint/Low Back Swim Lessons Wellspring Swim	Wellspring Swim	Swim Lessons Parent Infant Swim	CLOSED
9:30-10:00	Wellspring Swim Swim Lessons Parent/Infant	Swim Lessons Parent/Infant Total Joint/Low Back	Swim Lessons Parent/Infant	Swim Lessons Parent/Infant Total Joint/Low Back	Wellspring Swim Parent/Infant	Swim Lessons Parent Infant	CLOSED
10:00-10:30	Wellspring Swim Swim Lessons Parent/Infant	Arthritis Parent/Infant	Wellspring Swim Swim Lessons Parent/Infant	Arthritis Parent/Infant	Wellspring Swim Swim Lessons Parent/Infant Physical Therapy	Swim Lessons Parent/Infant	CLOSED
10:30-11:00	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Physical Therapy Wellspring Swim	Swim Lessons Parent Infant	CLOSED
11:00-11:40	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Swim Lessons Parent Infant	CLOSED
11:40-12:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Fibromyalgia	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim Arthritis	CLOSED
12:00-12:40	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Fibromyalgia	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Arthritis Wellspring Swim	CLOSED
12:40-1:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	CLOSED
1:00-2:00	Physical Therapy Wellspring Swim	Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim	Wellspring Swim Physical Therapy	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim Swim Lessons
2:00-2:30	Physical Therapy Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim Physical Therapy	Wellspring Swim Physical Therapy	Wellspring Swim	Wellspring Swim	Wellspring Swim Swim Lessons
2:30-3:30	Arthritis	Wellspring Swim Physical Therapy	Arthritis	Wellspring Swim Physical Therapy	Arthritis	Wellspring Swim	Wellspring Swim
3:30-4:00	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim	Wellspring Swim Physical Therapy	Wellspring Swim	Wellspring Swim	Wellspring Swim
4:00-4:30	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED
4:30-5:30	Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim Parent/Infant	CLOSED	CLOSED
5:30-6:00	Swim Lessons Physical Therapy	Swim Lessons Parent/Infant Wellspring Swim Physical Therapy	Swim Lessons Physical Therapy	Swim Lessons Parent/Infant	Wellspring Swim Parent/Infant	CLOSED	CLOSED
6:00-6:30	Swim Lessons Physical Therapy	Swim Lessons Parent/Infant Physical Therapy	Swim Lessons Physical Therapy	Swim Lessons Parent/Infant Wellspring Swim	CLOSED	CLOSED	CLOSED
6:30-7:00	Swim Lessons Wellspring Swim Physical Therapy	Swim Lessons Wellspring Swim Arthritis	Swim Lessons Physical Therapy	Swim Lessons Wellspring Swim Arthritis	CLOSED	CLOSED	CLOSED
7:00-7:30	Wellspring Swim Physical Therapy	Wellspring Swim Swim Lessons Arthritis	Swim Lessons Physical Therapy	Wellspring Swim Arthritis	CLOSED	CLOSED	CLOSED
7:30-8:00	Wellspring Swim Physical Therapy	Wellspring Swim Low Impact Aqua Jog	Wellspring Swim Physical Therapy	Wellspring Swim Low Impact Aqua Jog	CLOSED	CLOSED	CLOSED
8:00-8:30	Wellspring Swim	Wellspring Swim	Wellspring Swim	Wellspring Swim	CLOSED	CLOSED	CLOSED

Wellspring Swim is "open" swim in the Therapy Pool. (18 & Over)

PRIVATE SWIM LESSONS MAY BE HELD DURING WELLSPRING SWIM IF THE MAIN POOL IS BOOKED.

Please visit the Aquatic Notification Tab on the aquatic page of the SPCC website for up to date aquatic news.

www.spcommunitycenter.org