



Personal Trainer

Reports to: Director of Programs and Partnerships and Manager of Aquatics and Fitness

POSITION SUMMARY:

Under the direct supervision of the Director of Programs and Partnerships and the Manager of Aquatics and Fitness you will share responsibility for the development, promotion, and implementation of fitness sessions; in particular, programs for which you are a certified instructor. Severna Park Community Center expects their employees to conduct themselves in a friendly, helpful, and professional manner at all times. It is crucial that you make the facility and it's programs an enjoyable experience for all patrons.

JOB REQUIREMENTS AND DUTIES:

DECISION MAKING AND JUDGMENT

- Comply with Severna Park Community Center policies and guidelines.
- Considerable initiative, judgment and resourcefulness required.
- May need to provide bystander aid with emergency situations and rescues.

ADMINISTRATIVE

- Prepare appropriate workout sessions and assessments.
- Ensure a safe, clean area for all facility patrons.
- Responsible for applicable records including, but not limited to, assessments, participation notes, and skill check lists.
- Responsible for helping to increase number of personal training sessions at SPCC.
- Responsible for notifying the Director of Programs and Partnerships and the Manager of Aquatics and Fitness when fitness supplies are low.
- Responsible for notifying the Director of Programs and Partnerships and the Manager of Aquatics and Fitness about needed equipment repairs or replacement.
- Attend and actively participate in scheduled meetings.
- Help distribute program information and brochures.
- Communicate concerns to Director of Programs and Partnerships and the Manager of Aquatics and Fitness.

PHYSICAL AND MENTAL REQUIREMENTS

- Must be motivated and able to implement oral and written instructions.
- Must be able to teach according to personal training guidelines and certifications.
- Must be able to communicate respectfully and effectively with superiors, co-workers, members, parents, and children.
- Provide, support and enhance positive patron experience through professional, friendly and pleasant communication.
- Must be mentally prepared to aid, as a bystander, emergency situations and rescues.
- Consistently display a positive, professional, outgoing, and friendly attitude.
- Promote a positive and respectful work environment.
- Consistently promote Severna Park Community Centers mission and vision.

QUALIFICATIONS:

KNOWLEDGE AND SKILLS

- Must be 22 years old.
- Certification necessary.
- CPR for the Professional Rescuer, AED required.
- Willingness to project the Severna Park Community Center image by personal adherence to all policies.
- Demonstrate the ability to interpret and administer all policies.

Employee Signature: _____

Date: _____

Director/Manager Signature: _____

Date: _____