

**WINTER THERAPY POOL SCHEDULE**

**January 4, 2021-February 28, 2021**

Please Note-Pool doors will be locked ½ hour prior to closing

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:45	Physical Therapy Wellspring Swim	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy (9:30)	Physical Therapy	Swim Lessons (8:45-9:45)	CLOSED
10:00-11:00	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Physical Therapy Wellspring Swim	Physical Therapy Arthritis	Physical Therapy	Swim Lessons	CLOSED
11:15-12:00	Physical Therapy Wellspring Swim	Physical Therapy Wellspring Swim	Wellspring Swim (11:15-12:15)	Physical Therapy Wellspring	Physical Therapy Wellspring Swim	Arthritis (11:45-12:45)	CLOSED
12:15-1:00	Physical Therapy Wellspring Swim	Physical Therapy	Transition	Physical Therapy	Physical Therapy Wellspring Swim	Transition	CLOSED
1:15-2:00	Wellspring Swim	Physical Therapy	Wellspring Swim	Physical Therapy	Wellspring Swim	Wellspring Swim (1:15-2:15)	Wellspring Swim (1:00-1:45)
2:15-3:15	Arthritis	Physical Therapy	Arthritis	Physical Therapy	Arthritis	CLOSED	Wellspring Swim (2:00-3:00)
3:30-4:15	Transition	Physical Therapy (3:30-4:30) Wellspring Swim	Physical Therapy (4:00) Wellspring Swim	Physical Therapy (3:30-4:30) Wellspring Swim	Wellspring Swim	CLOSED	Wellspring Swim (3:15-4:00)
4:30-5:15	Wellspring Swim (4:15-5:15)	Wellspring Swim	Physical Therapy Wellspring Swim	Physical Therapy (5:15-6:15) Wellspring Swim	Wellspring Swim (4:30-5:30)	CLOSED	CLOSED
5:30-6:15	Wellspring Swim (5:30-6:30)	Physical Therapy (5:15-6:15) Wellspring (5:15-6:00)	Physical Therapy Wellspring Swim (6:30)	Physical Therapy (5:15-6:15) Wellspring (5:15-6:00)	CLOSED	CLOSED	CLOSED
6:30-7:30	CLOSED	Arthritis Swim Lessons (6:15-6:45)	Physical Therapy (7:00)	Arthritis Swim Lessons (6:15-6:45)	CLOSED	CLOSED	CLOSED

**ALL PATORNS MUST MAKE A RESERVATION TO USE THE THERAPY POOL.**

For details please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org).

**Wellspring Swim is "open" swim in the Therapy Pool. (18 & Over)**

**Infants and Children 3 & Under are allowed in the pool during Wellspring Swim.**

**Private swim lessons may be held during Wellspring Swim times.**

**Please visit [www.spcommunitycenter.org](http://www.spcommunitycenter.org) for up to date aquatic news.**

1. Due to physical distance restrictions, we are operating on a modified schedule to accommodate transitions between programs and cleaning. All swimmers must make a reservation to use the Therapy pool. You may make reservations up to 2 weeks in advance.
2. Reservations may be made online through your individual portal upon an initial one time invitation from the front desk at [www.spcc.ezfacility.com](http://www.spcc.ezfacility.com), or through our front desk staff from 8:00 a.m. – 8:00 p.m.
3. Please consult the Therapy pool schedule for available Wellspring swim and water fitness class times. 24 hours' notice is required to cancel a reservation. Patrons will be charged if cancellation occurs within 24 hours of their reservation time.
4. Everyone must check in at the front desk for each visit. You will be required to sign a onetime waiver on your first visit.
5. Locker rooms will be open to change out of wet suits after swimming. However, there will be no access to showers or lockers. Please come dressed to swim. A limited number of persons are allowed in the locker rooms due to physical distance mandates so please limit changing time to 10-15 minutes.
6. Please do not arrive more than 10 minutes before your reservation time.

**Arthritis:** T/Th 10:00 -11:00 am  
6:30 – 7:30 pm  
M/W/F 2:15 – 3:15 pm  
Sat 11:45-12:45pm

**Wellspring Swim:** Monday – 9:00 – 9:45 am  
10:00 – 11:00 am  
11:15 – 12:00 pm  
12:15 – 1:00 pm  
1:15 – 2:00 pm  
4:15 - 5:15 pm  
5:30 - 6:30 pm

Tuesday – 8:45-9:45am  
11:15 – 12:00 pm  
3:30 - 4:15 pm  
4:30 - 5:15 pm  
5:15-6:00pm

Wednesday – 9:00-9:45 am  
10:00 - 11:00 am  
11:15 – 12:15pm  
1:15 – 2:00 pm  
3:30-4:15 pm  
4:30-5:15 pm  
5:30-6:30 pm

Thursday - 8:45-9:45am  
11:15 – 12:00 pm  
3:30 - 4:15 pm  
4:30 - 5:15 pm  
5:15-6:00pm

Friday – 11:15 – 12:00 pm  
12:15 – 1:00 pm  
1:15 – 2:00 pm  
3:30 - 4:15 pm  
4:30 – 5:30 pm

Saturday – 12:15 – 1:00pm  
1:15 – 2:15 pm

Sunday – 1:00 – 1:45pm  
2:00 – 3:00pm  
3:15 – 4:00pm